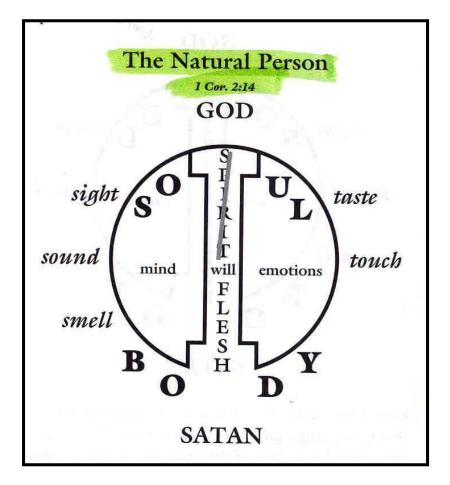


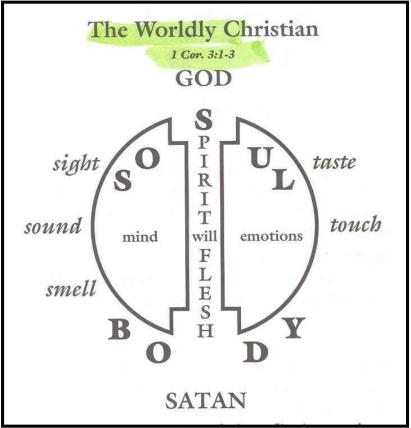
up your cross daily, and follow me.

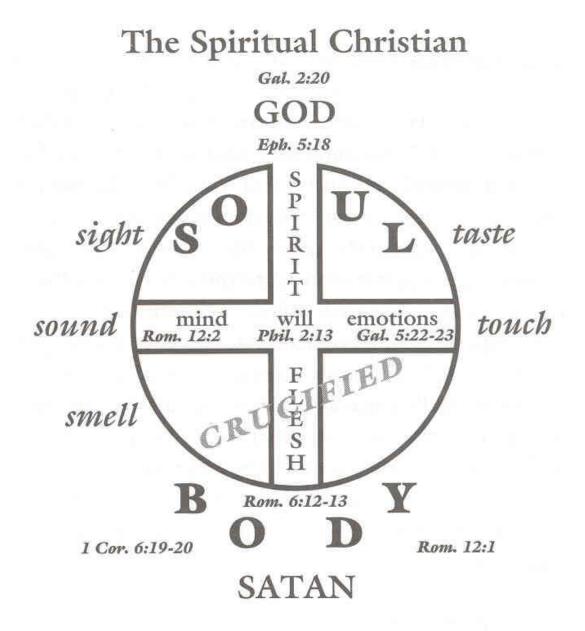
• Minister to Others

## **Disciples Cross Memory Verses– KJV**

- **Luke 9:23** And he said to them all, if any man will come after me, let him deny himself, and take up his cross daily, and follow me.
- John 15:5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.
- John 8:31-32 Then said Jesus to those Jews which believed on him, if ye continue in my word, then are ye my disciples; indeed, And ye shall know the truth, and the truth shall make you free.
- John 15:7 If ye abide in me, and my words abide in you, ye shall ask what ye will, and it shall be done unto you.
- John 13:34-35 A new commandment I give unto you, that ye love one another; as I have loved you, that ye also love one another. By this shall all men know that ye are my disciples, if ye have love one to another.
- **John 15:8** Herein is my Father glorified, that ye bear much fruit; so, shall ye be my disciples
- John 15:13 Greater love hath no man than this, that a man lay down his life for his friends







Disciples Personality Memory Verses– KJV	
Philippians 2:13	For it is God which worketh in you both to will and to do of his good pleasure.
Romans 12:1-2	I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service.
	And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.
Galatians 5:22-23	But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, meekness, temperance: against such there is no law.
I Corinthians 6: 19-20	What? know ye not that your body is the temple of the Holy Ghost, which is in you, which ye have of God, and ye are not your own?
	For ye are bought with a price; therefore, glorify God in your body, and in your spirit, which are God's.
Ephesians 5:18	And be not drunk with wine, wherein is excess; but be filled with the Spirit;
Romans 6:12-13	Let not sin therefore reign in your mortal body, that ye should obey it in the lusts thereof.
	Neither yield ye your members as instruments of unrighteousness unto sin: but yield yourselves unto God, as those that are alive from the dead, and your members as instruments of righteousness unto God.

# **Tools for Discipleship**

### > ACTS in Prayer

This model of prayer prioritizes our time with God. We first approach him with reverence (adoration) and then repent of the sin in our lives which is which is (confession), and then express our gratitude to him for all he's done that is (thanksgiving) and finally to submit to him our request and that is (supplication.) Prayer is meant to be sincere and from the heart and for our prayers to mean anything to God they must first mean something to us.

- Adoration;
- Confession;
- Thanksgiving;
- Supplication.

## > SWAP- Scripture Memorization

Memorizing scripture puts Gods word in your head; meditating on His word cements it in your heart.

- Say it aloud;
- Write it down;
- Act it out;
- Pray it back to God.

## > Daily Quiet Time- Reasons for a quiet time

- To know God through fellowship with him;
- To receive direction and guidance for daily decisions;
- To bring needs before God;
- To bear spiritual fruit.

#### How to have an effective quiet time

- 1. <u>Schedule a regular time for it</u>. Finding a regular time is the first key to an effective quiet time. Having your quiet time in the morning begins the day with a recognition of your dependence on God and all His sufficiency. He gives you an opportunity to yield your will to him and consciously dedicate the day to his glory. I believe it is important to meet with God in the morning so that you consciously seek his guidance and hear his word for the day, however, some Christians find that a quiet time at bedtime eases the tensions of the day and provides a peaceful prelude to rest and prepares them for the next day. The important factor is that the time be daily and regular so that it becomes a habit.
- 2. <u>Find a place to be alone with God</u>, Matthew 6:6 describes how Jesus encouraged his followers to pray. Most people find they can concentrate best when they have an established place away from noise distractions. For some a place like a bedroom, study, or garage where they can focus on the one to whom they are praying.

3. <u>Follow a process or procedure</u>- follow a procedure or process. Unless you consciously follow a pattern that keeps your mind focused on spiritual matters you will probably find that your mind tends to wander.

## ➢ 6 Disciplines of Discipleship

- Spending time with the master;
- Living in the word;
- Praying in faith;
- Fellowshipping with believers;
- Witnessing to the world;
- Ministering to others.

# > Activating the mind of Christ

- **1.** Remember that Christ was tempted in every way you are tempted yet overcame the temptation;
- 2. Pray for grace in time of need;
- 3. Express humility by getting on your knees'
- 4. Adopt God's attitude and choose his response toward the temptation;
- 5. Ask the Holy Spirit to impress you with a way to deal with the temptation;
- 6. Ask God to walk with you past the temptation;
- 7. Look for a scripture to claim during the temptation;
- 8. Ask God to help you focus on his will;
- 9. Acknowledge and ask forgiveness for thinking about the temptation;
- **10.** Obey God's commands knowing that you are in spiritual warfare.

## > Six (6) Steps in Mastering your emotions

## ACTION

- A Acknowledge the emotion;
- C Consider why you have it;
- **T** Thank God that He will help you;
- I Identify the Biblical response to it;
- **O** Obey God's word;
- **N** Nurture the appropriate fruit of the Spirit.