



Weekly Bible Study

UNSHACKLED!

In 2023 We are Set Free to Stay Free

Wednesdays @ 6 p.m.



AntiochBaptistTulsa



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ANTIOCH VISION STATEMENT

- “LORD, THE HARVEST IS TRULY PLENTIFUL, BUT THE LABORERS ARE FEW. GIVE ME THE HEART AND SPIRIT OF A DISCIPLE SO THAT YOU MAY USE ME AS AN INSTRUMENT IN YOUR HANDS AS YOU RECONCILE THE COMMUNITY UNTO THYSELF. LORD USE ME!”



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UNSHACKLED

WHAT HAS YOU SHACKLED?

...AND WHY?

HOW DO WE BECOME
UNSHACKLED?

LIFE AFTER LIBERATION!



WHAT HAS
YOU
SHACKLED?

- “WE CAN’T SOLVE A PROBLEM
WE CAN’T NAME. WE CAN’T
PRAY FOR WHAT WE DON’T
UNDERSTAND IS SHACKLING
US!”



WHAT HAS YOU SHACKED?

LACK OF AN HONEST SELF-ASSESSMENT

NORMALIZATION

COGNITIVE DISSONANCE

BLINDSPOTS



SELF-AWARENESS

The Four Self-Awareness Archetypes

This 2x2 maps internal self-awareness (how well you know yourself) against external self-awareness (how well you understand how others see you).

	Low external self-awareness	High external self-awareness
High internal self-awareness	INTROSPECTORS They're clear on who they are but don't challenge their own views or search for blind spots by getting feedback from others. This can harm their relationships and limit their success.	AWARE They know who they are, what they want to accomplish, and seek out and value others' opinions. This is where leaders begin to fully realize the true benefits of self-awareness.
Low internal self-awareness	SEEKERS They don't yet know who they are, what they stand for, or how their teams see them. As a result, they might feel stuck or frustrated with their performance and relationships.	PLEASERS They can be so focused on appearing a certain way to others that they could be overlooking what matters to them. Over time, they tend to make choices that aren't in service of their own success and fulfillment.

SOURCE DR. TASHA EURICH

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Eurich identifies four self-awareness archetypes as outlined in the infographic above. Do you recognise yourself?

NORMALIZATION

NORMALIZATION



COGNITIVE DISSONANCE

BLINDSPOTS



Admit you have
blindspots, even if
you don't see them.




SAMSON & DELILAH



JUDGES 16:21-22

- JUDGES 16:21-22 (NEW INTERNATIONAL VERSION)

²¹ THEN THE PHILISTINES SEIZED HIM, GOUGED OUT HIS EYES AND TOOK HIM DOWN TO GAZA. BINDING HIM WITH BRONZE SHACKLES, THEY SET HIM TO GRINDING GRAIN IN THE PRISON. ²² BUT THE HAIR ON HIS HEAD BEGAN TO GROW AGAIN AFTER IT HAD BEEN SHAVED.



JUDGES 16 (CONTEXT)

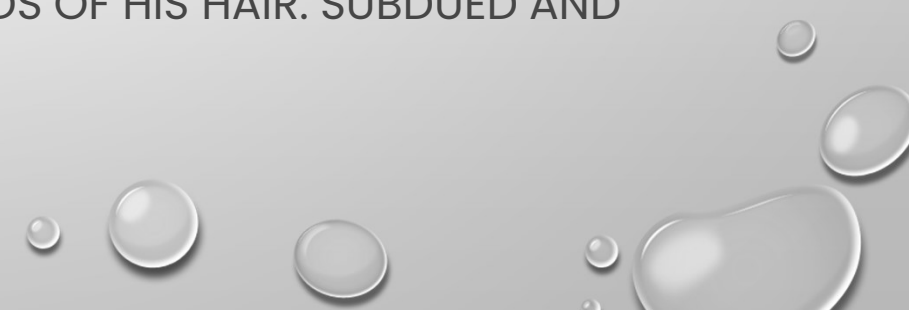
- SAMSON'S [CALLING](#) FROM BIRTH WAS TO BEGIN THE DELIVERANCE OF ISRAEL FROM PHILISTINE OPPRESSION (JUDGES 13:5).
- [SAMSON](#) WAS A MIRACLE CHILD, BORN TO A WOMAN WHO HAD PREVIOUSLY BEEN BARREN. HIS PARENTS WERE TOLD BY AN ANGEL THAT SAMSON WAS TO BE A NAZIRITE ALL HIS LIFE. (NAZIRITES TOOK A VOW OF HOLINESS TO ABSTAIN FROM WINE AND GRAPES, TO NOT CUT THEIR HAIR OR BEARD, AND TO AVOID CONTACT WITH DEAD BODIES. AS HE GREW UP, THE BIBLE SAYS THE LORD BLESSED SAMSON AND "THE SPIRIT OF THE LORD BEGAN TO STIR IN HIM" (JUDGES 13:25)).

JUDGES 16 (CONTEXT) CONT.

- SAMSON WAS JUDGE OVER ISRAEL AND HAD BEEN TAKING OUT GREAT VENGEANCE ON THE PHILISTINES.
- AFTER A COUPLE RELATIONSHIPS...SAMSON MEETS DELILAH AND FALLS IN LOVE
- HOPING TO CAPTURE HIM, THE PHILISTINE LEADERS EACH OFFERED DELILAH A SUM OF MONEY TO COLLABORATE WITH THEM IN A SCHEME TO UNCOVER THE SECRET OF SAMSON'S GREAT STRENGTH. SMITTEN WITH DELILAH AND INFATUATED WITH HIS OWN EXTRAORDINARY TALENTS, SAMSON WALKED RIGHT INTO THE DESTRUCTIVE PLOT



JUDGE 16 (CONTEXT) CONT.


- USING HER POWERS OF SEDUCTION AND DECEPTION, DELILAH PERSISTENTLY WORE DOWN SAMSON WITH HER REPEATED REQUESTS, UNTIL HE FINALLY DIVULGED THE CRUCIAL INFORMATION. HAVING TAKEN THE NAZIRITE VOW AT BIRTH, SAMSON HAD BEEN SET APART TO GOD. AS PART OF THAT VOW, HIS HAIR WAS NEVER TO BE CUT.
 - WHEN SAMSON TOLD DELILAH THAT HIS STRENGTH WOULD LEAVE HIM IF A RAZOR WERE TO BE USED ON HIS HEAD, SHE CUNNINGLY CRAFTED HER PLAN WITH THE PHILISTINE RULERS. WHILE SAMSON SLEPT ON HER LAP, DELILAH CALLED IN A CO-CONSPIRATOR TO SHAVE OFF THE SEVEN BRAIDS OF HIS HAIR. SUBDUED AND WEAK, SAMSON WAS CAPTURED.
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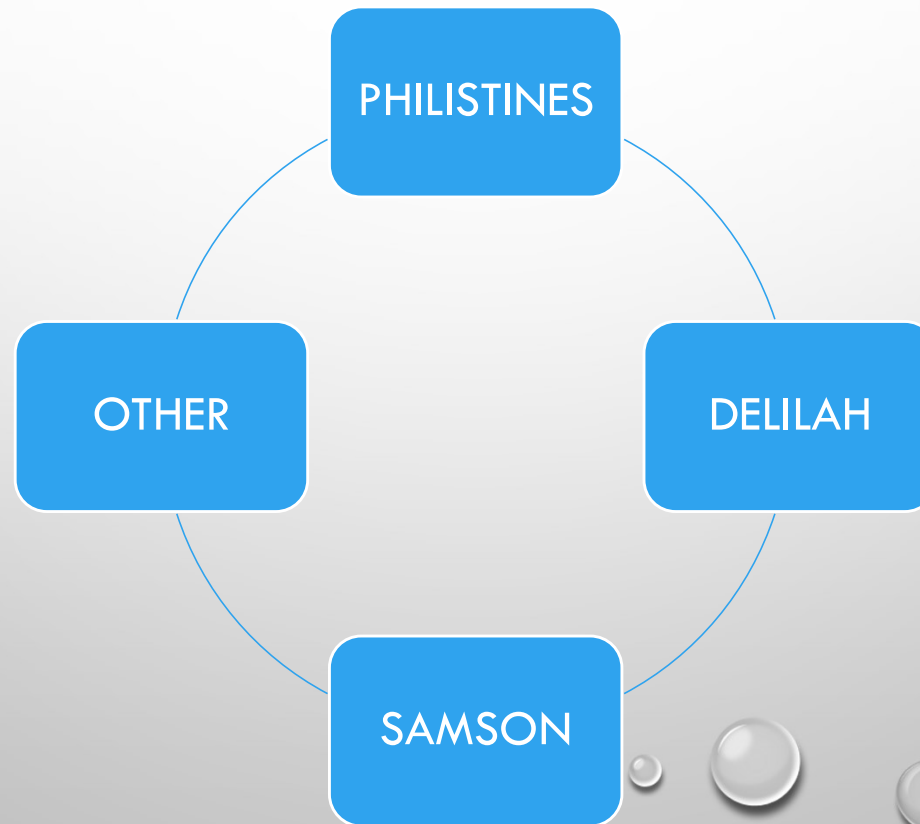
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WHO/WHAT WAS RESPONSIBLE FOR SHACKLING SAMSON?



SAMSON SHACKLED:

LACK OF AN HONEST SELF-ASSESSMENT

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graph TD; A[LACK OF AN HONEST SELF-ASSESSMENT] --> B[NORMALIZATION]; B --> C[COGNITIVE DISSONANCE]; C --> D[BLINDSPOTS];
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NORMALIZATION

COGNITIVE DISSONANCE

BLINDSPOTS



WHAT HAS YOU SHACKLED?